

What does it mean to consecrate yourself to St. Joseph?

What does it mean for a person to be consecrated to St. Joseph? Well, it basically means that you acknowledge that he is your spiritual father, and you want to be like him. To show it, you entrust yourself entirely into his paternal care so that he can help you acquire his virtues and become holy. Total consecration to St. Joseph means you make a formal act of filial entrustment to your spiritual father so that he can take care of your spiritual well-being and lead you to God. The person who consecrates himself to St. Joseph wants to be as close to their spiritual father as possible, to the point of resembling him in virtue and holiness. Saint Joseph, in turn, will give those consecrated to him his undivided attention, protection, and guidance.

The program of preparation and consecration takes 33 days. It can be undertaken on your own or in a group.

How to make your consecration as an individual

- Choose a consecration date. - See [Consecration Chart](https://www.consecrationtostjoseph.org/chart.html) here: <https://www.consecrationtostjoseph.org/chart.html>
- It is recommended to choose a day that coincides with a liturgical feast of St. Joseph. Your consecration date is day 33 of the program.
- You will spend about 20-30 minutes a day on a short exposition on one of the invocations in the powerful Litany of St. Joseph, followed by a reading on St. Joseph, concluding with the recitation of the Litany of St. Joseph.
- If you miss a day, just make it up and continue your preparation.
- On the day of your consecration, feel free to use whichever act of consecration you like best; you can also make up your own, if you like.